

KRAV MAGA GIFS @
redeyechicago.com

Time for GOP debate bingo **3** A beer recipe centuries in the making **13**



Thursday
MARCH 10, 2016

★ **FREE** ★

A Chicago Tribune
publication

LENNY GILMORE/REDEYE

RUNNING INTO TROUBLE

PLANNING MORE SOLO RUNS NOW THAT
IT'S NICE OUT? BRUSH UP ON SELF-DEFENSE
BY LEARNING SOME KRAV MAGA MOVES 8-9

BY SAMANTHA NELSON FOR REDEYE | REDEYE@REDEYETCHICAGO.COM ■ GET MORE SPONTANEOUS EAT, DRINK, DO, IDEAS AT REDEYETCHICAGO.COM

EAT

MICHIGAN MATCHUP

Burger Bar 1150 S. Michigan Ave. 312-988-0162

A five-course dinner includes corn dogs and IPA-battered perch paired with beers from Michigan's Bell's Brewery and Founders Brewing Co. 7-9 p.m. \$50. Tickets: eventbrite.com



THREE-YEAR ANNIVERSARY PARTY

High Noon Saloon 1560 N. Milwaukee Ave. 773-227-9339

The Wicker Park bar celebrates with a Negra Modelo beer tasting followed by an open mic show at 9 p.m. led by Sarah VonderHaar, former RedEye Best Bartender finalist and "America's Next Top Model" contestant. Specials include \$5 Negra Modelo drafts, \$3 tacos and \$3 Casa Noble tequila cocktails and shots. 7:30 p.m.-midnight. No cover.

THE SPINS

The Revel Room

1566 N. Milwaukee Ave. 773-278-1600

Buy a drink at the monthly vinyl listening party and you'll be entered to win a Vinyl Me, Please record club membership, records and tickets to local shows. 8-10 p.m. No cover.



STANDING UP: FROM PUNCH LINE TO SPOTLIGHT

Chicago History Museum 1601 N. Clark St. 312-642-4600

Learn about the history of LGBTQ comedy in Chicago with a panel discussion featuring Jokes and Notes owner Mary Lindsey, Northwestern University performance studies professor E. Patrick Johnson and Andy Eninger, head of The Second City's writing program. Sketch comedy group GayCo performs. 6:30 p.m. 5:30 p.m. reception. \$15-\$20. Tickets: chicagohistory.org

'RAGGEDY AND'

Rivendell Theatre 5779 N. Ridge Ave. 800-737-0984

Pride Films & Plays presents the world premiere of David Valdes Greenwood's comedy of manners about a trans woman poet chosen to perform at the inauguration of America's first female president. Proceeds from this preview benefit the Illinois Safe Schools Alliance. 7:30 p.m. \$10-\$15. Tickets: pridefilmsandplays.com

3-DAY FORECAST



THURSDAY

48/39

Dreary



FRIDAY

46/37

Spot of sun



SATURDAY

47/42

Rainy again

HAPPY HOUR OF THE DAY

Mother's Too (14 W. Division St. 312-266-7444) offers \$5 domestic pitchers, \$4 Jim Beam pours, \$5 Maker's Mark pours and \$3 Green Line drafts from 4-7 p.m.

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Tattoo Convention

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COME GET TATTOOED

VillainArts.com

By Heather Schroering
REDEYE

With the countdown on to Tuesday's Illinois primary, we thought you might want to have a little fun Thursday night while watching the GOP presidential debate on CNN (7:30 p.m.). We mean, how can these candidates top the penis chatter in the last Republican debate? Right? Anyway, here's our GOP Bingo drinking game ...

@OHITSHEATHER
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Cut out the cards, get a marker, fill a pint glass with hard alcohol (to the top) and cozy your tush on the couch for the next GOP debate. Abandon all inhibitions, kids—the GOP debates have been uncomfortably delightful in the realm of television entertainment, not unlike watching squabbling wild turkeys oafishly wrestle on Animal Planet.


In our version of bingo, each column is dedicated to a candidate's quotes and mannerisms. Mark them off as you go and follow the guide on the left of each card for sipping instructions. If you get a bingo, finish your beverage, assume a power stance and shout, "Like a true American. dammit!" You've earned it.

However, if none can be mustered beneath the ceaseless feelings of dread brought about by thoughts of Trump as campaign front-runner, go directly to bed with a plastic handle of cheap whiskey, pull the covers over your head and sob audibly for the future of our nation, or at the very least to “Make Donald Drumpf again.”

***GOOGLE VERIFIED**

****TED CRUZ IS NOT THE ZODIAC KILLER**

	T TRUMP	R RUBIO	Y YOU	C CRUZ	K KASICH
1 DRINK	Insulted candidate(s)	"America never stopped being great."	Asked yourself, "Is this a joke?"	Complained about not getting enough time	Complained about not getting enough time
2 DRINKS	Said something racist, sexist, nationalist, etc.	Personally attacked Trump	Felt a fleeting moment of hope for America	Said something racist, sexist, nationalist, etc.	Said something racist, sexist, nationalist, etc.
3 DRINKS	"Yuge"	Complained about not getting enough time		Alluded to being the Zodiac Killer**	Claimed to be the only adult candidate
4 DRINKS	Made 76-percent-or-above-false claim*	#RobotRubio	Imagined Trump as America's back mole.	"Come join us."	Whipped out Fruit Ninja hands
5 DRINKS	Claimed to not repeat self. Repeated self.	Made false claim*	Grimaced	Made false claim*	Made false claim*

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1 DRINK	"Yuge"	Personally attacked Trump	Grimaced	Alluded to being the Zodiac Killer**	Whipped out Fruit Ninja hands
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5 DRINKS	Said something racist, sexist, nationalist, etc.	"America never stopped being great."	Felt a fleeting moment of hope for America	"Come join us."	Said something racist, sexist, nationalist, etc.



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the chatter / JOIN THE CONVERSATION

threesome

3 PERSPECTIVES ON ONE RELATIONSHIP QUESTION

Welcome to "Threesome." Each week, we'll take a look at a relationship question from the public and have three panelists give their insights. Have a question to ask? Shoot it over to us on Twitter at [@redeyechicago](https://twitter.com/redeyechicago) or on our Facebook page. If it's a little more private, feel free to email it to redeye@redeyechicago.com with the word "Threesome" in the subject line.

How do I hook up with a girl I haven't known for many years without it being awkward? —Question via Reddit



Jose Rivera

Single, 26

» Media producer for the Chicago Tribune
» @thelifeofj

Honesty is key! You just have to know if they're down. Consider your relationship with this person, and also think about your intentions. Is this a person you want a real relationship with? Is this just a hookup situation you want for the time being? If you're just friends, you're going to have to realize that creating a sexual, no-strings-attached relationship can be very tricky. You should outline what you are both cool with beforehand. You may want to keep it monogamous, only getting it on with each other. You have to be honest with yourself and consider your emotions. If you both come to an understanding that it's just a hookup situation and then you get jealous if you know they're also seeing someone else, it could hurt. On the other hand, it could work out, and Netflix and chill won't be just you and the TV.



Morgan Olsen

In a relationship, 27

» RedEye Eat & Drink, Lifestyles editor
» @morgancolsen

Though I don't know much about your situation, here are a few general rules to ensure non-awkward encounters in the bedroom (or on a couch while Netflix streams in the background, no judgment). First, remember that timing and patience are key. There's nothing worse than a potential partner who isn't on the same page or acts too soon on the hookup front. If everyone is on board, proceed with confidence and check in with her as you go. Communication is important. There will always be some awkward moments the first time you're hooking up with someone new, but that won't last for long. Let go, have fun and always text the next day.



Jordan Monroe Schultz

In a relationship, 28

» RedEye Web editor
» @MonroeSchultz

OK, my friend, let's set something very straight: You're in a prime position to set yourself up to hook up—whatever "hook up" means. In other words, you're not in the friend zone. So take a deep breath. If you both want to hook up, the stakes aren't very high because you haven't known each other very long. Good. Now as far as it being awkward goes ... hooking up is ALWAYS awkward at first. Actually, I've always preferred a second or third hookup session with the same person. Do you pick up the clarinet and instantly know how to blow into it? Sure, you've played oboes and flutes, but not all wind instruments are the same. Embrace the awkward. Let it happen. It'll always be there no matter how many girls you've hooked up with. And always remember, if things go south, you haven't known each other that long.



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55-59	111.00	92.25	45.00	37.50	23.00	19.25	14.20	11.95
60-64	136.00	103.50	55.00	42.00	28.00	21.50	17.20	13.30
65-69	163.50	126.00	66.00	51.00	33.50	26.00	20.50	16.00
70-74	221.00	171.00	89.00	69.00	45.00	35.00	27.40	21.40
75-79	301.00	243.50	121.00	98.00	61.00	49.50	37.00	30.10
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5 allegations revealed in killing of Tyshawn Lee

By Rianne Coale | REDEYE

This week, authorities charged 22-year-old gang member Dwright Boone-Doty with pulling the trigger in the execution-style killing of 9-year-old Tyshawn Lee in a South Side alley last November. The allegations laid out in court were absolutely chilling. Even veteran law enforcement officers were amazed by the cruelty.

Here are the five most disturbing allegations:

1. Boone-Doty bragged about shooting the boy:

In cooperation with Chicago police detectives, an inmate secretly recorded his conversations with Boone-Doty, who implicated himself in the killing of Tyshawn. Boone-Doty has been in Cook County Jail since mid-November on an unrelated gun charge.

Boone-Doty laughed as he described to the other inmate how he shot Tyshawn execution-style in the head, prosecutors alleged in court.

2. Boone-Doty had plans to torture Tyshawn:

Prosecutors said that Boone-Doty had origi-



Karla Lee holds a photo of her son Tyshawn Lee and asks the public to help find his killer in November.

PHIL VELASQUEZ/TRIBUNE FILE

nally planned to torture Tyshawn by cutting off his fingers and ears, and that he'd also written a rap song about the slaying.

"I don't think I have ever been more disgusted and appalled by such inhumanity," Cook County State's Attorney Anita Alvarez said Tuesday at a news conference at police headquarters.

3. Tyshawn was lured away from the park:

Boone-Doty had lured Tyshawn out of Dawes Park, where the boy was playing basketball, by asking him if he wanted to go to the store and saying he'd buy him whatever he wanted, prosecutors said.

Tyshawn was then lured to the alley in the 8000 block of South Damen Avenue where he

was shot repeatedly, according to prosecutors.

4. Boone-Doty had gunned down Brianna Jenkins weeks earlier:

In a gang-related incident, Boone-Doty spotted a rival gang member sitting in a car next to 19-year-old Brianna Jenkins. He exited his vehicle and opened fire at the rival and Jenkins, shooting and killing her, according to prosecutors.

Boone-Doty said he shot Jenkins "because she started screaming," prosecutors said.

5. A gang feud led to Tyshawn's slaying:

The killing of Tyshawn was part of an ongoing gang war between the Black P Stones faction and Killa Ward, a branch of the Gangster Disciples. Tyshawn's father was an alleged Killa Ward member, according to a law enforcement source.

Boone-Doty, Corey Morgan and a third suspect took to the streets after Morgan's mother was wounded in a gang-related shooting to get revenge for the "breach of unwritten gang protocol," according to prosecutors. **STORY REPORTED**

BY CHICAGO TRIBUNE, WRITTEN BY REDEYE'S RIANNE COALE.

ST. PADDY'S WEEK CELEBRATION

SATURDAY, MARCH 12 THRU THURSDAY, MARCH 17

FEATURING

- Goose Island Green Line
- Founders All Day IPA
- Bud Light Green Bottles
- Traditional Corned Beef Dinner

ALSO

SHANNON ROVERS PIPE BAND

March 12th: 2pm
March 17th: 7pm

185 N. WABASH AVENUE
St. Paddy's Day Parade, March 12: open 8:00am

111 W. ADAMS STREET
St. Paddy's Day Parade, March 12: open 6:30am

GET YOUR BRIT ON.

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sports

Instructors Zach Clinkman and Sue Garstki coach Shelby Bostedt through a maneuver. LENNY GILMORE/REDEYE PHOTOS



FIGHT IN FLIGHT

KRAV MAGA COULD BE YOUR BEST FITNESS PARTNER

By Shelby Lynn Bostedt | REDEYE

It's a situation in which no one hopes to find themselves. You lace up your sneakers and head out for a run, perhaps before or after work. It's supposed to be relaxing and rewarding, but in the most unfortunate of circumstances, it can be life-threatening.

With the right self-defense skills, however, it's possible to feel safer on any run.

Sue Garstki is the owner of Krav Maga Illinois. She's only 5-foot-2, but she could kick your ass. The 54-year-old, who has been teaching Krav Maga for 12 years, said the fighting technique is based on the "body's natural response to threat; this self-defense system is one that can be accessible to anybody in any situation."

Garstki said her goal is to help her students feel safer in any setting. She recalls a story told

and her son. Reflecting back on her life, the 45-year-old Deerfield resident recalled situations where her training could have helped her.

"There was one scenario where I was being choked by a close friend, and knowing what I know now, I could have defended myself," Shrago said. "Krav Maga can really help anyone. It gave me my life back and helped me stop being afraid."

Aneta Chmur of Niles started training with Garstki a year ago after working as a bartender and wanting to feel safer at work.

"In any situation, there's no guarantee of safety," said Chmur, 37. She used to avoid going for runs on her own, but after learning self-defense

techniques, she feels secure. "Now I'm more confident, and I know I'm prepared for whatever."

While Shrago doesn't run, she worries for the runners in her neighborhood who could be caught unaware.

"How can they be safe?" she said. "If you're running, you're in the zone and you're not looking at what's going on around you."

While they're already engaged in the No. 1 self-defense technique—running—there are actions runners can take to prepare themselves for the worst of circumstances.

WANT TO TRY YOUR HAND AT LEARNING TO KICK ASS?

Beginners classes are offered throughout the week at Krav Maga Illinois located at 5201 N. Oketo Ave. You can call about a free trial class at 847-433-0405.

@SHELBIEBOSTEDT | SBOSTEDT@REDEYETCHICAGO.COM

Garstki broke down these Krav Maga techniques to keep in mind should the worst happen

CHOKE FROM THE FRONT WITH A PUSH



In this scenario, the runner is pushed backward by the attacker, with the attacker's hands on their throat.



Step back with your left foot and shoot your right arm to the sky, locking your elbow and squeezing against your ear.



Turn sharply to the left, putting pressure on the attacker's wrist to remove it from your throat.



Bring your skyward hand sharply down, driving your elbow downward while your other hand comes up to grab the attacker's wrist.



Deliver a punch to the attacker's head ...



... and push the attacker away to enable yourself to run away.

GRAB FROM BEHIND



If someone wraps their hands around your waist from behind, immediately bend your knees, just as you would naturally if someone surprised you.



Lean slightly forward to create space (easy to remember: base and space).



Twist your elbows back to the left and then the right, delivering blows to the attacker's head.



With space created between you and the attacker, turn around and place both your hands on one of the assailant's shoulders, with your forearms down against the assailant.



Drive your knee into the attacker's stomach and groin ...



... then push them away from you and run to safety.

PUSH FROM THE BACK

This scenario is commonly portrayed in horror movies as the victim attempts (unsuccessfully) to crawl away.



As soon as you are pushed forward onto your stomach...



... turn yourself over.



Plant one foot on the ground and raise the one closest to the attacker above you ...



... delivering a kick to the face.



Then push yourself off the ground ...



... and run.

Personal safety tips from Chicago Police

While knowing self-defense techniques can help if you find yourself in a dangerous situation, there are ways to be proactive about your safety, too. Here are some tips from the Chicago Police Department for keeping yourself safe during your nightly (or early-morning) run. —S.B.

Listen to music in only one ear, if at all, to make sure you're alert. "Having your music blasting in both ears is the best way to have someone sneak up on you," said Sue Garstki, owner of Krav Maga Illinois.

Take note of your surroundings and note any landmarks, such as bridges or rivers.

Don't bring any bags or valuables (other than your phone or iPod, if necessary).

If somebody does run near you, be sure to make eye contact and take note of their clothing and what they look like, such as hair and eye color and defining marks.

Tell somebody where you'll be and when you'll be done with your run so they know when to start worrying.

Last, but not least, trust your instincts.

Instructors Zach Clinkman and Sue Garstki coach Shelby Bostedt through a maneuver. Lenny Gilmore/Redeye Photos



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NHL: NO PUNISHMENT FOR KANE

By Chris Hine | CHICAGO TRIBUNE

Just over four months after an Erie County, N.Y., prosecutor closed a sexual assault investigation into Blackhawks winger Patrick Kane without any charges filed against Kane, the NHL concluded its separate investigation of the matter and concluded the allegations against Kane were “unfounded.”

According to a statement the league released Wednesday, Kane met with Commissioner Gary Bettman on Monday in New York and will face no punishment from the league.

“The National Hockey League announced [Wednesday] that it has completed its independent review of the Patrick Kane matter, the final stage of which included an in-person meeting between Kane and Commissioner Gary Bettman in New York on Monday, March 7,” the statement said. “Based on its review, including the determination made by the Erie County District Attorney not to pursue charges, the NHL has concluded that the allegations made against Kane were unfounded. The League considers the matter



closed and will have no further comment.”

Following a three-month investigation, Erie County prosecutor Frank Sedita III said he would not file charges against Kane after a woman claimed Kane sexually assaulted her at his home in western New York on Aug. 1.

At the time, Sedita said he noticed problems with the allegations and said “this so-called ‘case’ is rife with reasonable doubt.”

After Sedita closed the investigation, the NHL opened its own review of the case, which has taken until now to complete.



Forte gets his wings

Matt Forte's new team is not the one Bears fans feared it might be. He has agreed to join the N.Y. Jets, ESPN and NFL Network reported Wednesday afternoon. The news comes a day after ESPN reported that Green Bay had “serious interest” in Forte, who recently ended a decorated eight-year tenure with the Bears. In New York, Forte reunites with receiver Brandon Marshall.

What's it worth to you?

New Cubs outfielder Jason Heyward and teammate Addison Russell have come to terms on the price for the No. 22, which had been Russell's number. According to ESPN Chicago, Heyward gave the shortstop a Gucci wallet and backpack and a Breitling watch. “I'm good,” Russell said.

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Amber James

Set the scene

5 CHICAGO SHOWS TO SEE THIS WEEK

By Gwendolyn Purdom | FOR REDEYE

Step away from the Netflix marathon and find your way into one of these local theaters for a belly laugh this week. Your guide to Chicago's affordable and under-the-radar comedy scene awaits.

FRIDAY Will You Accept This Rose

Under The Gun Theater

956 W. Newport Ave. 773-270-3440

"The Bachelor" and "The Bachelorette" fans can get their fix at this improvised parody show that takes its inspiration from ABC's dating saga. This week's subject? Multi-season competitor Amber James. 7:30 p.m. \$12. Tickets: undertheguntheater.com

Is This Black Enough?

Flat Iron Comedy

1579 N. Milwaukee Ave. 3rd Floor 312-226-9633

Comedian and writer Shantira Jackson tackles what it means to be a black woman in America with characters and songs in her new solo show. 7:30 p.m. \$10 (or pay what you can). More information: facebook.com/flatironcomedy

SATURDAY This is the Worst

The Playground Theater

3209 N. Halsted St. 773-871-3793

After performing it at a handful of festivals, comedian and actor Sarah Barnhardt brings

her one-woman airing of frustrations through physical comedy to the Playground. 7 p.m. \$10. Tickets: theplaygroundtheater.com

SUNDAY Matt Damon improv

Under the Gun Theater

956 W. Newport Ave. 773-270-3440

The women of color behind this exploration of racial and social tensions take Matt Damon's remarks about diversity in Hollywood from a few months back and run with them while their lone white male castmate is only allowed to speak if he's repeating something his female counterparts have already said. 9 p.m. \$12. Tickets: undertheguntheater.com

TUESDAY Weary Travelers

Second City's Blackout Cabaret

230 W. North Ave. 312-337-3992

Rotating past and present members of The Second City Touring Company put on this weekly showcase with an ever-changing format. 10:30 p.m. \$11. Tickets: secondcity.com

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- Garrett S., Chicago

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Edibles are restocked at Denver Kush Club in Denver.
GETTY IMAGES FILE

Colorado struggles to educate pot tourists

By Josh Noel | CHICAGO TRIBUNE

You're in Colorado, where recreational marijuana is legal. You decide to indulge and eat a weed brownie. (First one since college!)

Nothing seems to happen. You can still reel off the state capitals and hold a coherent conversation, and an entire bag of salt-and-vinegar potato chips doesn't sound particularly tasty. So you eat another brownie.

And then—blam! Anxiety. Sweats. Panic. Heart palpitations. And your vacation takes an unwelcome turn to the emergency room.

Another potential outcome, of course, is that you have an extraordinarily fun night and play video games. But the more dramatic scenario has happened with increased regularity, according to a Northwestern doctor's study published last month in the New England Journal of Medicine.

Out-of-state visitors to Colorado emergency rooms for marijuana-related symptoms accounted for 163 per 10,000 visits in 2014, up from 78 per 10,000 visits in 2012, according to research published by Dr. Howard Kim, a Northwestern research fellow and emergency medicine physician.

The 109 percent increase far outpaced the 44 percent increase among Colorado residents since the state's recreational marijuana sales began Jan. 1, 2014.

Kim, who was a resident at the University of Colorado when the research began, didn't study how marijuana was consumed by patients who showed up in his emergency room with mostly gastrointestinal, psychiatric and cardiovascular issues. But the most likely cause, he said, was edible marijuana, and tourists' lack of understanding about dosing themselves.

"It's not like emergency rooms are being overwhelmed by visits from out-of-state tourists," Kim said. "But the trend is significant."

With 426 retail cannabis outlets across the state as of Feb. 1, according to the Colorado Department of Revenue, educating visitors has been a challenge on a number of levels, said Mike Van Dyke, who monitors the potential health impacts of legalized marijuana for the Colorado Department of Public Health and Environment.

The biggest difficulty has been educating tourists about marijuana edibles. With public smoking prohibited and only retail shops selling marijuana, visitors are often left to indulge in marijuana edibles for a high. But most people have no idea how to properly dose themselves and fail to realize the unique potency of Colorado marijuana until it's too late.

Van Dyke, who contributed to Kim's research, runs a marijuana education project called Good to Know (goodtoknowcolorado.com), but he suspects it's been more effective with Colorado residents than tourists.

"There's a perception that marijuana is completely harmless, but there are plenty of health effects that go along with marijuana use," he said. "Trying to get the message across that this isn't a completely harmless drug is a challenge."

As with most things, being a responsible pot tourist is incumbent on the individual traveler. Educate yourself on Colorado marijuana law. Know that eating professionally cultivated marijuana is more of a long game than a sudden high. And because marijuana can't be smoked in hotels, consider renting accommodations via Airbnb or VRBO, where there are fewer restrictions.



LENNY GILMORE/REDEYE

drink

of the week

Off Color Brewing's Wari ale

By Heather Schroering | REDEYE

Chew. Spit. Brew. That's how ancient Peruvian brewers, a job reserved for royal beauties, may have done it. Based off archeological discoveries of brewing customs from thousands of years ago in southern Peru, the Field Museum and Off Color Brewing partnered on Wari ale brewed with purple corn. Though ladies hawking up masticated corn isn't exactly the way we brew today (more on that later), the limited-edition beer is a unique—and spit-free—purple color that's worth a sip.

Brewed with Peruvian purple corn and molle berries, or pink peppercorns, Wari is surprisingly tart and acidic, like fresh-picked raspberries. The fruity peppercorns are most prevalent at the front, and it finishes with a funky bread-like flavor.

The beer is inspired by an ancient Peruvian brewery built on a mountain by the Wari Empire between 600 and 1050 AD. Field Museum researchers uncovered the site, which hosted lavish parties and feasts. After excavating relics with corn and molle berry residue, researchers believe the Wari people used these ingredients to brew a more flavorful chicha, or traditional corn beer native to South and Central America.

In ancient times, some evidence suggests,

the beer-making damsels brought in other women to chew up some of the corn and spit it into the brew.

"The 1 percent were paying ladies to chew up the corn and spit it out," said Off Color co-founder John Laffler, adding that enzymes in human spit help break down starches in the corn. "[Researchers] found the skulls of these women, and their back molars were completely worn away."

No molars were harmed in the process of brewing this beer.

Off Color also brews the Field's Tooth & Claw pilsner served at the museum, and the brewers work consistently with museum researchers on other upcoming beers.

Try Wari at the museum's Field Bistro (\$7 a pint) or grab a 6-pack in the gift shop (\$12.95). Get it on draft at Small Bar (2956 N. Albany St. 773-509-9888), Bangers & Lace (1670 W. Division St. 773-252-6499), Hopleaf (5148 N. Clark St. 773-334-9851) and Monk's Pub (205 W. Lake St. 312-357-6665). Or grab it to go from Off Color's bottle shop (3925 W. Dickens Ave.), The Beer Temple (3185 N. Elston Ave. 773-754-0907), Binny's Lincoln Park (1720 N. Marcey St. 312-664-4394) and Binny's Lakeview (3000 N. Clark St. 773-935-9400).

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Into It. Over It.'s 'Standards' is Evan Weiss' best yet



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From The Band's "Music from Big Pink" to, more recently, Bon Iver's debut "For Emma, Forever Ago," the "musician goes into the woods" album origin story has become so prevalent it's fodder for The Onion: "Man Just Going To Grab Guitar And Old Four-Track, Go Out To Cabin In Woods, Make [Bleep]iest Album Anyone's Ever Heard."

For his excellent third album as Into It. Over It., Chicago's Evan Weiss fleshed out what would become "Standards" in near-isolation at a northern Vermont cabin with his drummer/collaborator Joshua David Sparks. Proving why that album narrative is so common, the seclusion had a rejuvenating effect on Weiss—this 12-song indie rock collection is his best work yet.

It wasn't just being away from civilization

that made "Standards" his greatest achievement; it's producer John Vanderslice (Mountain Goats, Spoon). His analog-only approach forced Weiss to go with the flow and just play the parts, resulting in the most organically loose and natural sound. It's less wonky than the noodling riffs of Into It. Over It.'s last album, "Intersections," and prettier than the distorted, sometimes-harsh crunch of 2011's "Proper." Just listen to some of the freewheeling guitar tones on "Standards" (namely the cathartic outro riff on "Closing Argument" and the gnarly fuzz emanating throughout the best song, "Who You Are ≠ Where You Are") or Sparks' frenetically precise drums ("Adult Contempt," "Vis Major").

Weiss' biggest wins come from his almost novelist-like approach to setting a scene. The way he sings, "They wake up still uninspired with no regrets/Hungover and divorced, they torch their 20s like it's kerosene" on "Open Casket" evocatively captures when your old friends are stuck in a rut. While his lyrics are always clever (see the "So low/Solo/All alone" turns of phrase on the aforementioned "Who You Are ≠ Where You Are"), it's rarely cloying.

Evan Weiss
LENNY GILMORE/
REDEYE



When he changes the line, "I have the faintest recollection of us" to "fading," it's resonant without being sappy. With these lyrics, Weiss' warm tenor makes the album totally inviting. He sounds like Ben Gibbard if Gibbard weren't Death Cab for Cutie's frontman but the friend you talk to on the weekends about records, love and life.

Throughout his career, which includes a résumé of bands so lengthy it might crash Wikipedia (Pet Symmetry and Their/They're/ There are especially worth your time), Weiss has struck gold with smart and relatable songs

about figuring stuff out in your 20s. With every release, he's gotten by on his relatable charm and savvy ear for careful arrangements. Though he might self-deprecatingly sing, "Born too late, I always find my interests remain intact just behind the times" (on lead single "No EQ"), "Standards" feels ahead of the curve.

IN CONCERT

Into It. Over It., The World is a Beautiful Place & I am No Longer Afraid to Die, the Sidekicks and Pinegrove, Friday, April 29, and Saturday, April 30, at Lincoln Hall.

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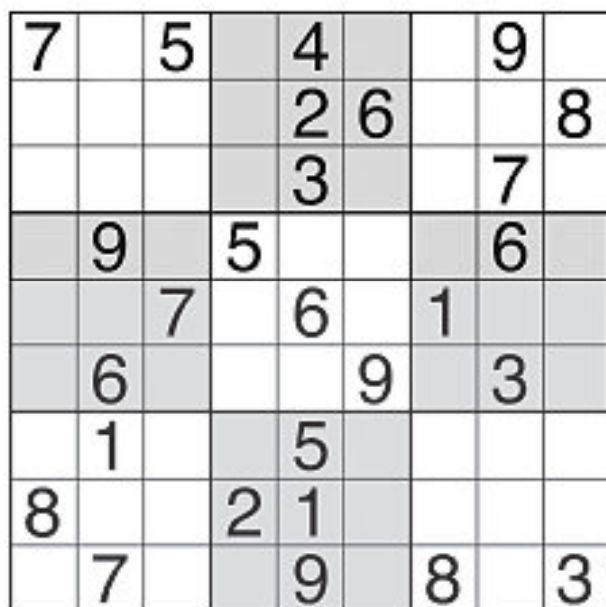
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ACROSS

- 1 Camp shelter
- 5 Casts a ballot
- 10 Types; sorts
- 14 Chess piece
- 15 _ setter; reddish dog
- 16 Hammerer's target
- 17 Turn _; become
- 18 Poorly built
- 20 Fraternity letter
- 21 Scramble piece
- 22 Lambeau _; stadium in WI
- 23 _ off; gets less angry
- 25 Strike
- 26 Lubricate
- 28 Blaring devices
- 31 Backsides
- 32 Wonderland visitor
- 34 "Caughtcha!"
- 36 Subsidies
- 37 Tiny spot
- 38 Night twinkler
- 39 Actor Brynner
- 40 Smooth and shiny
- 41 _ with; ogle
- 42 _ up; united for a project
- 44 Scout groups
- 45 Ordinance
- 46 Large shrimp
- 47 "We _ Overcome"
- 50 Boyfriend
- 51 Hairpiece
- 54 Feeling of desolation
- 57 Small rodents
- 58 Actor Griffith
- 59 Vane direction
- 60 Eve's husband
- 61 Clutter
- 62 Nervous
- 63 Strong urges

DOWN

- 1 Stumble
- 2 Very long times
- 3 Obvious
- 4 Boxing match result, for short
- 5 Manly
- 6 Exams given before a panel
- 7 Bit of info on an invitation
- 8 Suffix for lion or heir
- 9 "Be quiet!"
- 10 Stir up
- 11 Body of water
- 12 Assassinate
- 13 Luge, for one
- 19 Blazing
- 21 Fling
- 24 Boatman's items
- 25 Rustic
- 26 Writer Zane _
- 27 Counter an argument
- 28 Ailing
- 29 Covering the whole country
- 30 Like a good knife
- 32 Ridiculed
- 33 Actor Jonny _ Miller
- 35 Painting and ballet
- 37 Murdered
- 38 _ as molasses
- 40 Tiny
- 41 German wife
- 43 Narrow streets
- 44 Indecent; tacky
- 45 Nuisances
- 47 Close noisily
- 48 Make sharper
- 49 Conjunctions
- 50 Labor or Parks
- 52 " _ See Clearly Now"
- 53 Jewels
- 55 _ word; briefly
- 56 Prefix for stop or sense
- 57 Spring month



BRAIN CANDY

- » Scientists are developing an artificial leaf that can generate clean energy.
- » In the 1800s and early 1900s, baby cages were used to let children living in city apartments feel the outdoors.
- » Cows that are given names produce more milk.
- » Jessica Cox is the world's first licensed armless pilot. She is also the first armless black belt in the American Taekwondo Association.



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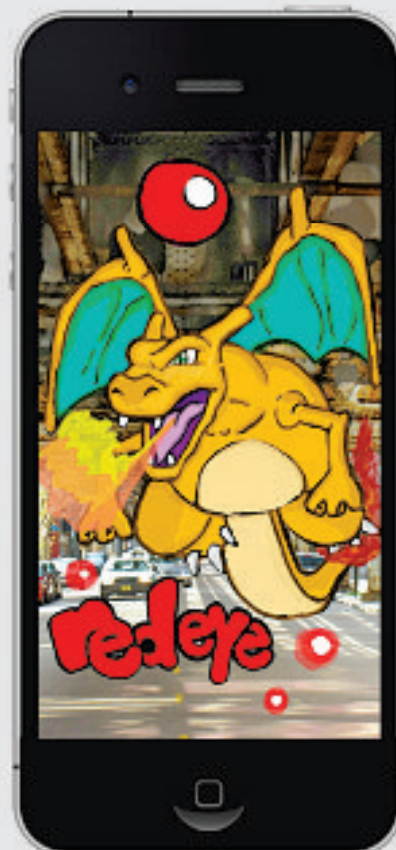
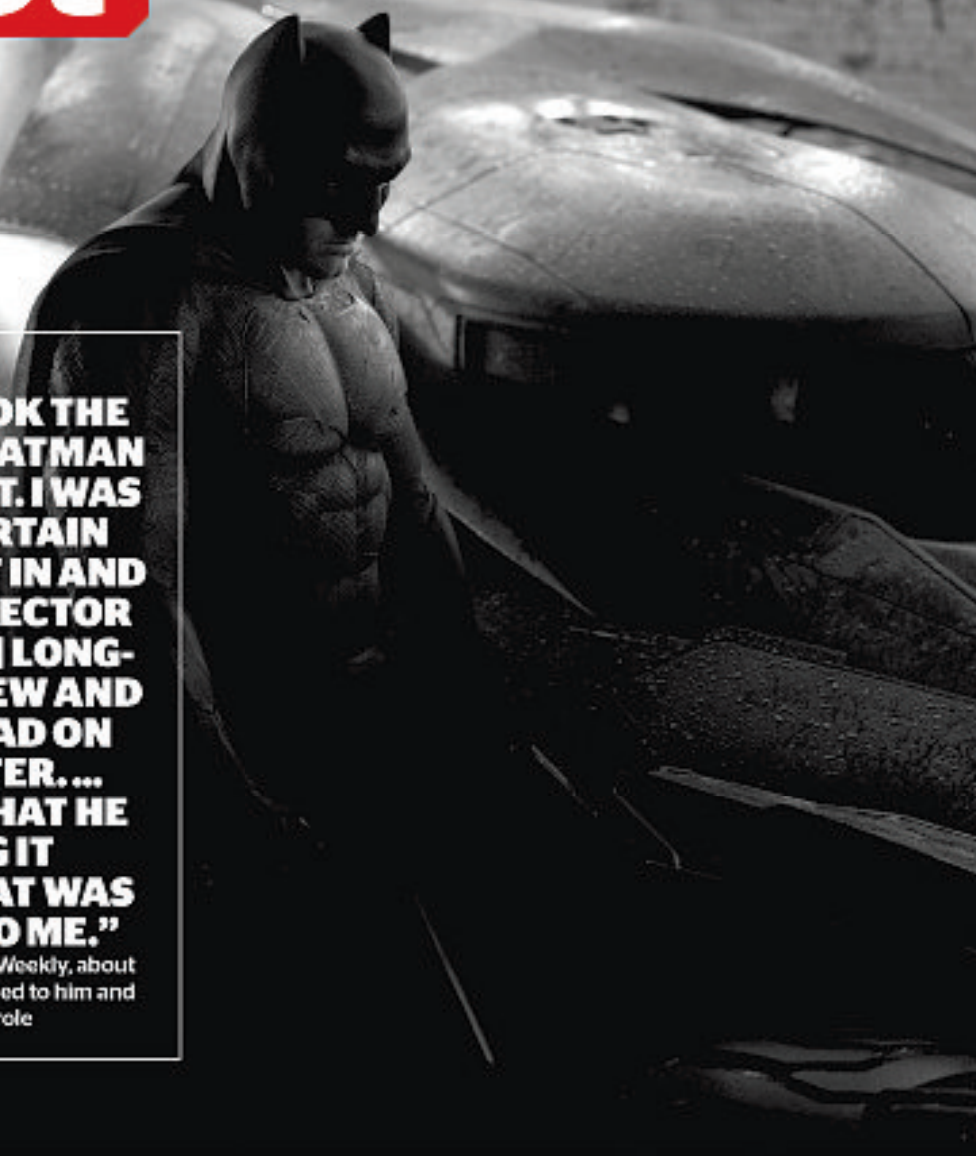
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—Ben Affleck, to *Entertainment Weekly*, about how Batman was originally pitched to him and what drew him to the role



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THE DIGIT

\$40M

That's how much money "Zootopia" is expected to rake in this weekend, ruling the box office for the second week in a row. According to *variety.com*, the movie is expected to best Friday releases "10 Cloverfield Lane" and "The Brothers Grimsby."



Give her the money

Beyoncé is reportedly out of an upcoming remake of "A Star Is Born." Bradley Cooper is on board to direct, but when the role was offered to Beyoncé, she "wanted too much money, and Warner Bros. balked at her price," a source told Page Six, according to *vulture.com*. The movie has been in the works to be remade since 2011, *Vulture* says. Just give Beyoncé what she wants.

Thank you, J.J. Abrams' wife

"Star Wars: The Force Awakens" director J.J. Abrams sat down with Stephen Colbert on Tuesday and talked about his penchant for using lens flare in his work, which he doesn't do much anymore. According to *ew.com*, Abrams told Colbert that his wife told him he needed to stop doing it. He said, "There was one scene in 'Star Trek Into Darkness' where you literally couldn't see what was going on. It was a very emotional scene, and Alice Eve the actress was somewhere behind this crazy lens flare glaring, and Katie just looked at me like, 'OK, this is it. I think you have to absolutely stop doing that.'" God bless you, Katie.

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